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CORPORATE CATERING

Enquire with
our friendly staff.

BREAKFAST

TOAST / white sourdough, wholemeal, soy/linseed or gluten free
WITH butter, jam, peanut butter, vegemite or nutella **4**

TOASTIES (crossaints available....until sold out)

cheese **4.5**

cheese & tomato **5**

ham & cheese **5.5**

ham, cheese & tomato **6**

chicken, cheese & avocado **7**

BANANA BREAD / butter **4**

RAISIN TOAST / butter **4**

YOGHURT & GRANOLA / natural yoghurt, granola **6** add fruit **2**

FRUIT SALAD / natural yoghurt, granola **7** add yoghurt **1**

ACAI BOWL / seasonal fruits, house made granola, shaved coconut **14**

EGGS ON TOAST / poached, scrambled or fried, toast of choice **8** add bacon **4**

BACON & EGG ROLL / grilled bacon, fried eggs, milk bun **8**

BREKKIE BURGER / bacon, egg, hash brown, grilled onions, cheese, baby spinach, tomato sauce, milk bun **13**

CHORIZO & EGG WRAP / spanish chorizo sausage, scrambled eggs, cheese, bbq sauce **9**

ZUCCHINI & CORN FRITTERS / zucchini, corn & haloumi fritters, avo smash, baby spinach, poached egg, citrus dressing **16**

AVO SMASH / smashed avocado on soy/linseed, fetta, charred corn, beetroot jam, dukkah, olive oil **14** / add poached egg **2**

EGGS BENNY / poached eggs on toast, baby spinach, hollandaise sauce, bacon **OR** smoked salmon **15**

BIG BREKKIE / eggs of choice, bacon, chorizo sausage, hash brown, baby spinach, tomato, mushrooms, toast **20**

PHONE ORDERS - 9620 2138

EMAIL ORDERS - orders@industrialharvest.com.au

LUNCH

SOUP OF THE DAY / soup of the day served with toast **10**

I H FRIED CHICKEN BURGER / buttermilk fried chicken breast, avocado, lettuce, cheese, aioli, milk bun, chips **15**

SNITTY ROLL / crumbed chicken breast, carrot & cabbage slaw, lettuce, seracha mayo, milk bun, chips **15**

AUSSIE BEEF BURGER / grilled beef pattie, tomato, cheese, grilled onions, beetroot, lettuce, tomato ketchup, milk bun, chips **15**

BRISKET SANDWICH / pulled beef brisket, maple bacon, slaw, american cheese, toasted sourdough, chips **15**

SPAGHETTI PRAWNS / sautee'd prawns, capers, olives, baby spinach, nap sauce, chilli, garlic **17**

PENNE POLLO / chicken, basil pesto, semi dried tomato, pine nuts, cream, parmesan **16**

FUSILI LAMB / lamb & tomato ragu, green peas, mint, parmesan **16**

CHICKEN SALAD / grilled chicken breast, roasted pumpkin, charred corn, hazelnuts, pepita seeds, feta, mixed lettuce, balsamic dressing **16**

HARVEST BOWL / haloumi, quinoa, dukkah roasted sweet potato, sweet corn hummus, mixed nuts, baby spinach, minted yoghurt dressing **12**

ADD ON 2 poached eggs **4** / grilled chicken **4** / smoked salmon **4**

CALAMARI / salt & pepper calamari, thai style salad, nam jim dressing **16**

SCHNITZEL / crumbed chicken breast, cabbage & carrot slaw, chips, gravy **16**

BARRAMUNDI / grilled barramundi, smashed sweet potato & spiced chickpea salad, peperonata, herb butter **26**

CHIPS / small **4** / large **6**

SWEET POTATO CHIPS / small **5** / large **7**

ASSORTED PANINI & WRAPS / assortment of premade selections **8**

HOT COLD FOOD DISPLAY'S - ASK STAFF FOR DAILY SELECTIONS

vegetarian, vegan and gluten free options are available

COFFEE BY TOBY'S ESTATE

regular 3.7 | large 4.2

latte, flat white, cappuccino,
long black, mocha, chai latte

short black 3
macchiato, piccolo 3.5

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decaf, bon soy, lactose free, almond milk +0.50
extra shot +0.50
vanilla, hazelnut or caramel syrup +0.50

HOT CHOCOLATE 4.2

NUTELLA HOT CHOCOLATE 5.5

BOUNTY HOT CHOCOLATE 5.5

TEA BY T2

bottomless 3.7

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english breakfast, earl grey,
chamomile, peppermint, sencha green,
lemongrass & ginger

COLD DRINKS

330ml coke variety 4
600ml coke variety 4.2
san pellegrino 500ml 5
bottled spring water 3
fuze iced tea 4.2
ovi water 4.5
kumboucha 6
lemon lime biters 4.2
ginger beer 4.2
deep spring 4.2

FRESHLY SQUEEZED JUICE

GREEN / green apple, celery, spinach, cucumber, mint 7.5

TROPICAL / orange, pineapple, watermelon,
apple, ginger 7.5

MELONBERRY / watermelon, strawberry, mint 7.5

MAKE YOUR OWN /

orange, apple, pineapple, carrot, spinach, cucumber,
watermelon, celery, mint, ginger 8

SMOOTHIES

ACAI

acai, banana, strawberries, oats, honey, almond milk 9

BLUEBERRY

blueberry, honey, banana, natural yoghurt, coconut milk 9

BANANA

banana, cinnamon, honey, oats, ice cream, milk 9

HEALTH KICK

spinach, banana, pineapple, yoghurt, peanut butter, honey,
almond milk 9

ADD PROTEIN TO YOUR SMOOTHIE 2

TRADITIONAL MILKSHAKES

chocolate, strawberry, banana, caramel, vanilla 6

ALCOHOLIC BEVERAGES

BEER & CIDER

corona 8
asahi super dry 8
peroni 8
young henrys newtowner 9
balter extra pale ale can 9
kosciuszko pale ale can 9
coopers premium ight 7
'somersby' apple cider 7

WHITE WINE

pennington terrace 'Chardonnay' 9 / 40
margaret river, western australia

clearwater cove 'sauvignon blanc' 9 / 40
malborough, new zealand

RED WINE

freedoms lot 'shiraz' 9 / 40
barossa, south australia

artan reserve 'cabernet sauvignon' 10 / 45
lime stone coast, south australia

READY TO DRINK

jack daniels & cola can 10.5
jim beam & cola can 10.5
smirnoff ice red vodka bottle 10
canadian club & dry can 10.5