



Take-Away Menu

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CORPORATE CATERING

Enquire with our friendly staff.

BREAKFAST / ON THE GO

TOAST / white sourdough, wholemeal, soy/linseed or gluten free
WITH butter, jam, peanut butter, vegemite or nutella 4

BANANA BREAD / butter 4

RAISIN TOAST / butter 4

YOGHURT & GRANOLA / natural yoghurt, granola 6 add fruit 2

FRUIT SALAD / natural yoghurt, granola 7 add yoghurt 1

ACAI BOWL / seasonal fruits, house made granola, shaved coconut 14

EGGS ON TOAST / poached, scrambled or fried, toast of choice 8 add bacon 4

BACON & EGG ROLL / two bacon, two eggs, milk bun 8

BREKKIE BURGER / bacon, egg, hashbrown, american cheese, baby spinach, caramelised onions, tomato sauce, milk bun 13

CHORIZO & EGG WRAP / chorizo sausage, scrambled eggs, cheese, chilli 9

CHILLI MUSHROOM / sautee'd seasonal mushrooms on toast, scrambled eggs, feta, baby herbs, chilli oil 14

AVO SMASH / smashed avocado on soy/linseed, feta, charred corn, beetroot jam, dukkah, olive oil 14 / add poached egg 2

EGGS BENNY / poached eggs on toast, baby spinach, hollandaise sauce, bacon OR smoked salmon 15

BREAKFAST TAKE AWAY SPECIALS

LARGE COFFEE + MUFFIN / 7.5

LARGE COFFEE + TOAST OF CHOICE / 7.5

LARGE COFFEE + BACON & EGG ROLL / 11.5

PHONE ORDERS - 9620 2138

EMAIL ORDERS - orders@industrialharvest.com.au

LUNCH / ON THE GO

I H FRIED CHICKEN BURGER / buttermilk fried chicken breast, avocado, lettuce, cheese, aioli, milk bun, chips 15

SNITTY ROLL / crumbed chicken breast, carrot & cabbage slaw, lettuce, seracha mayo, milk bun, chips 15

AUSSIE BEEF BURGER / grilled beef pattie, tomato, cheese, grilled onions, lettuce, tomato ketchup, milk bun, chips 15

BRISKET SANDWICH / pulled beef brisket, kilpatrick bacon, slaw, american cheese, toasted sourdough, chips 15

SPAGHETTI PRAWNS / sautee'd prawns, capers, olives, baby spinach, tomato, chilli, garlic 17

PENNE POLLO / chicken, basil pesto, semi dried tomato, pine nuts, cream, parmesan 16

PENNE BOSCAIOLA / bacon, mushroom, shallots, garlic, cream, parmesan 15

SPAGHETTI BOLOGNESE / pork, veal mince, nap sauce, basil parmesan 15

CHICKEN SALAD / grilled chicken breast, grilled zucchini, charred corn, beetroot, olives, baba ganoush, mixed lettuce, balsamic dressing 16

HARVEST BOWL / house made chickpea felafel, beetroot hummus, mixed nut, quinoa, halloumi, baby spinach, minted yoghurt dressing

ADD ON 2 poached eggs 4 / grilled chicken 4 / smoked salmon 4

CALAMARI SALAD / crispy spiced calamari, thai style salad, bean sprouts, peanuts, fried shallots, coconut, coriander, ginger, garlic & soy dressing 16

FISH & CHIPS / beer battered fish, chips, lemon, tartare sauce 16

SCHNITZEL / crumbed chicken breast, cabbage & carrot slaw, chips, gravy 16

GARLIC BREAD / 2 slices 4

CHIPS / small 4 / large 6

ASSORTED PANINI & WRAPS / assortment of premade selections 8

HOT COLD FOOD DISPLAY'S - ASK STAFF FOR DAILY SELECTIONS

LUNCH TAKE AWAY SPECIALS

ASSORTED PANINI + I H WATER / 10

HOT FOOD DISPLAY SELECTION + SOFT DRINK CAN VARIETY / 15

BURGER + CHIPS + SOFT DRINK CAN VARIETY / 16

COFFEE BY TOBY'S ESTATE

regular 3.7 | large 4.2

latte, flat white, cappuccino,
long black, mocha, chai latte

short black 3
macchiato, piccolo 3.5

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decaf, bon soy, lactose free, almond milk +0.50
extra shot +0.50
vanilla, hazelnut or caramel syrup +0.50

HOT CHOCOLATE 4.2

NUTELLA HOT CHOCOLATE 5.5

BOUNTY HOT CHOCOLATE 5.5

TEA BY T2

bottomless 3.7

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english breakfast, earl grey,
chamomile, peppermint,

sencha green, lemongrass & ginger

COLD DRINKS

330ml coke variety 4
600ml coke variety 4.2
san pellegrino 500ml 5
bottled spring water 3
fuze iced tea 4.2
ovi water 4.5
kumboucha 6
lemon lime biters 4.2
ginger beer 4.2
deep spring 4.2

FRESHLY SQUEEZED JUICE

GREEN / green apple, celery, spinach, cucumber, mint 7.5

REFRESH / orange, pineapple, carrot, ginger 7.5

SUMMER LOVIN / watermelon, strawberry, mint 7.5

MAKE YOUR OWN /

orange, apple, pineapple, carrot, spinach, cucumber,
watermelon, celery, mint, ginger 8

SMOOTHIES

ACAI

acai, banana, strawberries, oats, honey, almond milk 9

BLUEBERRY

blueberry, honey, banana, natural yoghurt, coconut milk 9

BANANA

banana, cinnamon, honey, oats, ice cream, milk 9

HEALTH KICK

kale, banana, pineapple, yoghurt, peanut butter, honey,
almond milk 9

ADD PROTEIN TO YOUR SMOOTHIE 2

TRADITIONAL MILKSHAKES

chocolate, strawberry, banana, caramel, vanilla 6

ALCOHOLIC BEVERAGES

BEER & CIDER

corona 8
asahi super dry 8
peroni 8
young henrys newtowner 9
balter extra pale ale can 9
kosciuszko pale ale can 9
coopers premium ight 7
'somersby' apple cider 7

WHITE WINE

pennington terrace 'Chardonnay' 9 / 40
margaret river, western australia

clearwater cove 'sauvignon blanc' 9 / 40
malborough, new zealand

RED WINE

freedoms lot 'shiraz' 9 / 40
barossa, south australia

artan reserve 'cabernet sauvignon' 10 / 45
lime stone coast, south australia

READY TO DRINK

jack daniels & cola can 10.5
jim beam & cola can 10.5
smirnoff ice red vodka bottle 10
canadian club & dry can 10.5